



MMC- Shames Mountain School Group Program 2022-2023

Skiing or Snowboarding at MMC-Shames Mountain is a perfect way to enjoy winter! Our goal is to make Skiing and Snowboarding affordable and accessible to all **Grade 4-12** students in the Northwest. In this package you will find all the information needed to book and organize a day at the Mountain for your School Group. A representative from Shames can also visit your class prior to your visit to explain what students need to know to prepare for their day at the mountain.

HOW TO BOOK

We have limited space in our School Group Program, so the earlier you schedule, the greater your chances are of getting the date(s) you want. Our School Group Program is available Mondays, Thursdays, and Fridays from January 5th, 2023, until March 17th, 2023. Please provide an estimate of student numbers so that we can provide lessons and rental equipment for all.



NEW for this Season:

- Minimum number of 15 students is needed. If you are booking with less than 15 students, you will be charged a flat fee of \$195. This flat fee is a Lesson Fee. You will be charged for the amount of Lift Tickets, and Rental Equipment needed, plus the added Flat Fee if you have less than the minimum of 15 students.
- We will be charging a Booking Deposit amount of \$225, once we receive your Booking Confirmation. This amount will be applied to your final invoice as a credit. If you cancel after our 48-hour Cancellation Policy, your deposit will be forfeited.

Contact our Downtown Terrace Office by phone: 250-635-3773, or by email at shamesmountain@citywest.ca, when you are ready to book your class. We will review your request and then email a Booking Confirmation to you.

PARTICIPANT SIGN-UP FORM & WAIVER

All students, teachers/coordinators, and chaperones **must Read** and complete a Participant Sign-up Form & Waiver. Students that do not have a completed and signed Participant Sign-up Form & Waiver will not be allowed to participate.

Please print a copy of this form for each participant, including all teachers/coordinators, and Chaperones in your School Group. Once the Participant Sign-up Forms & Waiver have been completed and signed, they are then returned to the Teacher/Coordinator in a timely manner. For legal purposes, all completed **Participant Sign-Up Form & Waiver must be delivered to the Rental Shop on the day of your visit.**

PARTICIPANT SPREADSHEET

An online form for each of your group's visits will be provided. Please use the form created for each date, as there may be changes between dates and we use the forms to create accurate invoices. Enter all information from the Student Participant Sign-up Forms into the online Participant Spreadsheet

Please ensure that you have entered all information from the Student Participant Sign-up Forms into the online Participant Spreadsheet at least 14 days before your visit. By doing so this allows us the time to organize instructors and rental equipment.

Enter Chaperone information, also through the online Participant Spreadsheet (a separate tab).

Any changes to the Participant Spreadsheet must be made 48hrs prior to your scheduled School Program date.

NORTHERN SNOW ANGELS PROGRAM

The Northern Snow Angel Program is available to all School Groups and/or Organizations across the Northwest Region.

The goal of this program is to help provide free skiing/riding by offering Lift tickets, Rentals, and Lessons to individuals in School Groups who want to participate in this snow sport but are unable to afford the cost. There are limited funds in this program, so please be responsible when applying for this program.

By making skiing/riding more accessible to youth, we can introduce a whole new generation to skiing/riding, giving them a positive outdoor experience. Please contact us shamesmountain@citywest.ca for more information regarding this program.



FREE Season Pass for GRADE 5 Students

In an effort to help promote healthy living and active lifestyles, MMC-Shames Mountain will continue to offer a FREE Season Pass to all students enrolled in Grade 5 during the ski season. We will be waiving the cost of the Season Pass for Grade 5 students and will only be charging a pass processing fee of \$20 plus GST. All we need is a photocopy of a document that states the student is in Grade 5. Applications can be found at <https://mymountaincoop.ca/tickets-passes/season-passes/>

METHOD OF PAYMENT

NEW this Season, we will be requesting a \$225 deposit be made once we have received your Booking Confirmation. This amount will be applied against your Invoice. School Cheque or a Credit Card (Visa, MasterCard) are preferred methods of Payment. Please make cheques payable to My Mountain Co-op.

48 hours prior to your visit, we will be issuing you an Invoice based on your completed **Participant Spreadsheet**. If there are any changes after we have issued your Invoice, you will be charged on a separate Invoice.

Payment will be due 30 days from receipt of this Invoice and can be made at the Downtown Office. A School cheque or Credit Card (Visa, MasterCard) are preferred methods of payment. Please make cheques payable to: My Mountain Co-op.

Please Note: Lift Vouchers, Gift Cards & Book of 12 Vouchers will NOT be accepted as payment. Each student will be charged the printed prices regardless of age.

CANCELLATION POLICY

Our daily intake of students in our School Group Program is limited. All rentals and instructors are pre-arranged prior to your arrival. It is therefore very important to contact us by phone or email **at least 48 hours in advance** if you are not coming or there is a difference in numbers. If we do not receive the 48 hours in advance for cancelling your School Trip you Deposit will be forfeited.

LESSONS AND LIFT POLICIES



In the interest and safety of all students, it is mandatory that all students receive a lesson.

All lessons start and end at the meeting place outside the rental shop, and last 1.5 hours. The instructors may give the students breaks or split them into smaller groups if necessary.

All students must pass the "C Test" before riding the chairlift (C = Chair). An instructor will be on the bunny hill at the **C-Test Course** between 9 and 10 to evaluate students. Students will take the Green Carpet Lift to the top of the bunny hill and ski/board through the course when the instructor is watching. Students will be given a chairlift ticket if they demonstrate that they can safely turn both

directions, stop, and get up when they fall.

Beginner skiers and snowboarders will be given a ticket to ride the Green Carpet Lift on the bunny hill. These tickets will only scan as valid at the appropriate lift.

Beginner/Novice lessons begin at 10:00 AM, and Intermediate/Advanced lessons begin at 12:30 PM. Instructors may give their beginner students a “C” after the morning lesson – please ask at the rental shop if you would like a student to be evaluated.

TUBING

MMC-Shames Mountain also offers tubing as an option for those who do not want to ski or snowboard. You must have a minimum of 15 students at a cost of \$15 per student. If you don't have enough to meet the minimum, you will still be charged the flat rate of \$225 for a 2-hour tubing session. Tubes can be shared amongst your students, but each student must have a valid Tubing Ticket on them.

Ski boots are not permitted to be worn while tubing due to safety reasons. Unsafe conduct will result in the removal of your tubing lift ticket without a refund. Each person must ride in their own tube regardless of age. No riding on someone else's lap.



WEATHER CANCELLATIONS

MMC-Shames Mountain will consider closing when temperatures without wind-chill are below -20C. High winds can also effect operations. Early morning weather confirmations can be arranged between school administration staff and MMC-Shames Mountain staff for a Go-or No-Go decision. Please check our Facebook page or call our Snow Phone: 250-638-8754 or Toll Free 1-877-898-4754 for up-to-date weather conditions.

LUNCHES

Pre-Ordered Lunches

Pre-ordering of Lunches will be made available for this season using your Participant Spreadsheet. Pre-ordered Lunches will be \$10 plus GST. Those who did not pre-order a lunch, can still purchase food at Panhandler Café, though you will need to wait in line as a regular paying guest.

Pre-ordered Lunches can be eaten in Panhandler Café or brought downstairs and enjoyed in the Brown Bag Lunch area.

Brown Bag Lunches- (food brought in)

Brown Bag Lunches will only be allowed in the Downstairs Area of the Lodge. No Brown Bag Lunches, will be allowed in the Upper Lodge. Food Purchased in Panhandler Café, may be brought down to the Brown Bag Lunch area.

UPON ARRIVAL

Please send your Coordinator-in-charge into the rental shop to let us know you have arrived, and drop off signed Participant Sign Up Forms.

Once the Coordinator has spoken to the Ski School Manager, students can come to the rental shop in groups of 4 to get their equipment. Each student will have 1 cubby (the size of a milk crate) to store their boots. We suggest that other personal belongings are stored on the bus if possible. Skis and boards will be outside the rental shop with the student's name on it, although adjustments may be necessary if the student changed boots.

Teachers/Coordinators please remember that arrival times directly affect time on the snow. We suggest that you plan to arrive by 9, and stagger the arrival of classes/busses/cars if possible, to reduce congestion.

DEPARTING

Our Chair Lift stops loading at 3:30pm (4pm after March 1st). Coordinators should be aware it is a 15-minute ride up the chairlift and beginners can take up to an hour to ride down. It is recommended that the coordinator waits at the bottom of the chairlift to inform students of last run.

All rental equipment must be returned to the Rental Shop, and students must provide their name to the rental shop staff so they can be crossed off the list and presumed safe & off the Mountain. Please remember to check the lodge and rental shop for forgotten items before departure.

CHAPERONES

Chaperones that are on a Participant Spreadsheet, received before the scheduled School Ski date, will receive a Free Lift Ticket and Rentals, if needed. Being a Chaperone, you are volunteering your time for your children and Our Mountain. Your volunteer hours are counted and used in our Grant Applications.

Chaperones that are **NOT** on a Participant Spreadsheet will be charged our **Group Rate** for their Lift Ticket and Rentals, if needed. **Payment will be required on the scheduled School Ski date.**

WHAT IS EXPECTED OF CHAPERONES

Assist with getting students ready for a day on the Mountain; i.e., jackets, pants, toques, gloves/mitts

Assist in the Rental Shop by helping students with boots, and finding pre-set equipment that is marked with their name.

To act as a representative of the school in case of injuries or any other situation.

Assist in the supervision of students on the mountain and in the lodge.

Assist with students needing help riding the Lifts. Students should always be on the Lift Operators (right hand) side.



My Recreational Mountain Cooperative
4805 Highway 16 West, Terrace, BC V8G 0H3
250-635-3773 shamesmountain@citywest.ca
www.mymountaincoop.ca